



Robert Scheinfeld's

The Ultimate Key To Freedom

Welcome To Day 5

**“You” are True Creative Essence
right now ...**

**Aware of Reading your story and
being intimately involved with your
character, the hero ...**

Bear with the language ...



**“You” have always been TCE Total
Immersion Reading” ... +**

**Ultimate Freedom is not a “new”
Experience ...**

Just a “revealed one” you could say ...

A Truth Virusy Question ...

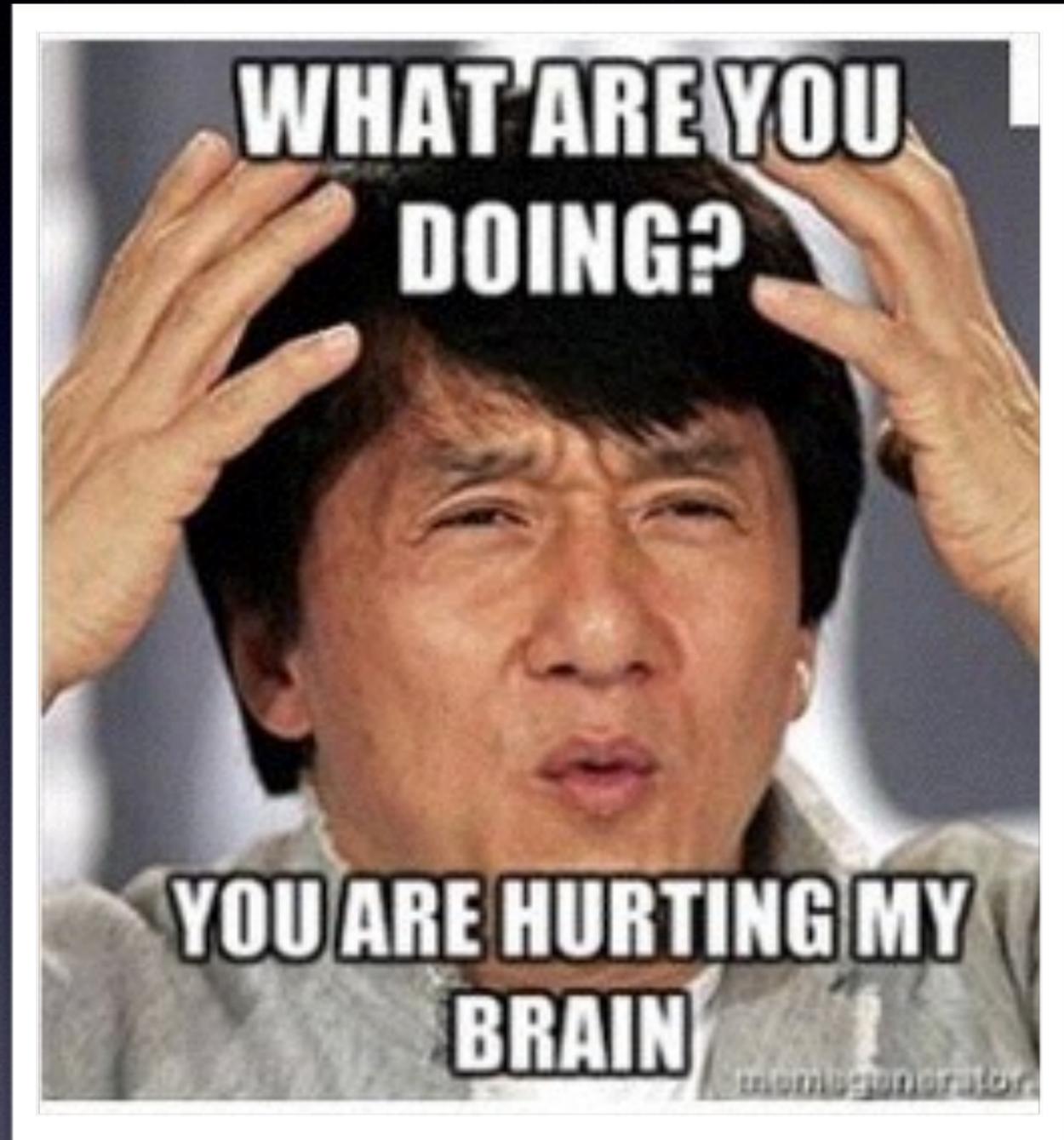
**When “you” read, “whose”
voice do you hear? +**

**If thoughts like this have
appeared ...**

Or appear later ...

HELP! I'm Going
CRAZY!





I hear you!



The Truth is ...

“You” were crazy ...

Now “you” are going sane!

**But going sane is such a unique
experience that it can still appear
stressful ...**

“Your” brain was hurting and out of order ...

Now “your” brain is healing!

But True Healing is such a unique experience that it can still appear stressful ...

- Harry Potter didn't defeat Voldemort in the 1st book
- The story twisted and turned and lots of detail unfolded on the road to that
- **It's going to be the same with "your" story**
- Look at all the novels, movies and TV show episodes out there ...
- What are they all about?
- "Slices of life," unique characters in unique situations ...

**You may notice a “detox”
reaction like I did ...**

“Detox is the process of removing all the harmful toxins that drugs bring into the body ...

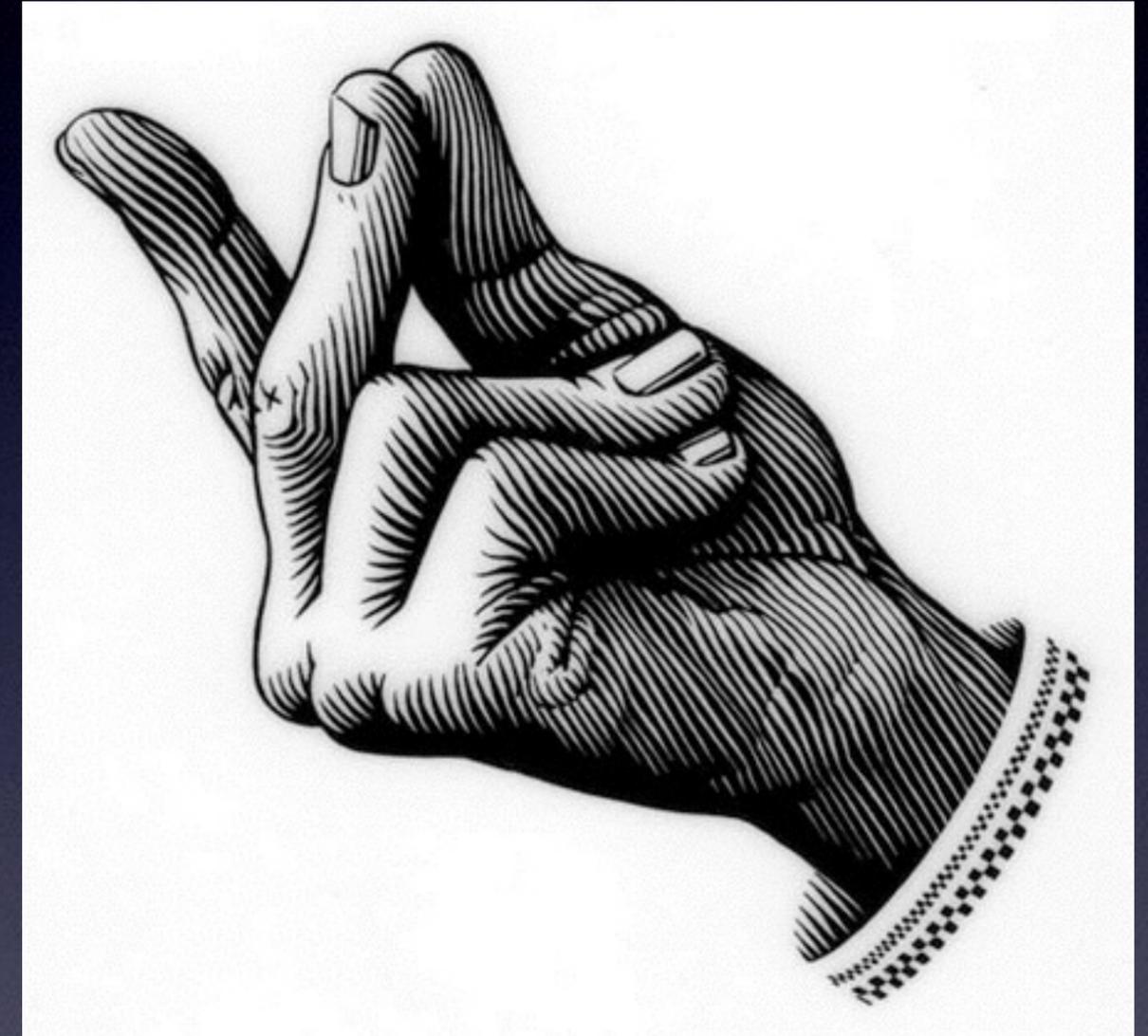
However, when an individual undergoes detox, they are likely to experience a series of uncomfortable side effects from the procedure, known as withdrawal symptoms”

“Individuals will find themselves going through periods of discomfort as their system, which has come to expect the presence of the drug in question, adjust to life without”

A lot of the transition from Phase 2 to Phase 3 can be looked at as a “detox” of ...

Lies, illusions and stories stored in The Mind Machine ...

It looked and felt that way to “me” ...



**The Guided Tour
Component Is Key!**

From Storyteller Expert Robert McKee

If “craziness” like I described from my story happens in Phase I, it’s one thing ...

**If “craziness” happens in Phase 2,
it’s another thing ...**

**If “craziness” happens on the
road to Ultimate Freedom ...**

**It’s quite another thing, and an
extraordinary blessing ...**

Why?

Because ...

- That means **The Truth Virus** is working ...
- Deep and profound work is being done on the files, programs and algorithms of **The Mind Machine**
- **Ultimate Freedom** is Awakening
- The “birth process” of humans is “violent” but miraculous
- The “birth” of **Ultimate Freedom** can appear the same way ...
- You'll get an example of that in our movie matinee today

● “I’m hungry”

● “That’s delicious”

● **The question ...**

● “I love ____”

● “I’m horny”

For your amusement and, to support the Awakening of Ultimate Freedom...

● “What’s happening in Inner Space”

● “I’m tired”

● “I’m **CALLING** that?”

● “I feel great”

● “I hate ____”

● **Maybe asked and answered a lot**

Disconnects and Mismatches can appear ...

- Example: A **STRONG** desire for something appears
- You eat it, drink it, or do it ...
- And it isn't enjoyable ...
- Or as enjoyable ...
- As the **BIG** desire story said it would be
- “Huh?”
- “What’s that all about?”
- That happened to “me” a lot with many lifestyle luxuries, coffee, dessert, and even certain physical experiences

Disconnects and Mismatches

What causes them?

1. Stories separating from pure, raw Experiences
2. Changes in The Mind Machine
3. TCE wanting to hammer home that appearances in Inner Space aren't "you," and are just the output of a machine ...

“X” may be happening in “your” story ...

And this question may be asked a lot about “X” to support Ultimate Freedom Awakening ...

“If I was reading a novel, and ‘X’ happened to the hero in it, how would I perceive it?”

**Most Phase 3, Ultimate Freedom
questions can be resolved ...**

**By asking and answering that
one question!**

Here it is again for your reference ...

“If I was reading a novel, and what’s happening to me now happened to the hero in it, how would I perceive it?”

**There may be times where Seeing
The Truth in Inner Space appears
to “drive you crazy” ...**

**But it ultimately becomes amusing,
and then Free-ing**



Key Point:

**Ultimate Freedom Is Not About
Experiencing A “Freeing Event”
At Some Point In The Future**



Key Point:

**Ultimate Freedom Is About Seeing And
Experiencing What's Already There,
What Has Always Been There**

**At the best time in
“your” story ...**

**And in the best way for
“your” story ...**

What happened to “me”?

**TCE suddenly started shaping Itself
into different appearances ...**

In Inner Space and Story Space ...

**That led to the full Awakening of
Ultimate Freedom in Robert's story ...**

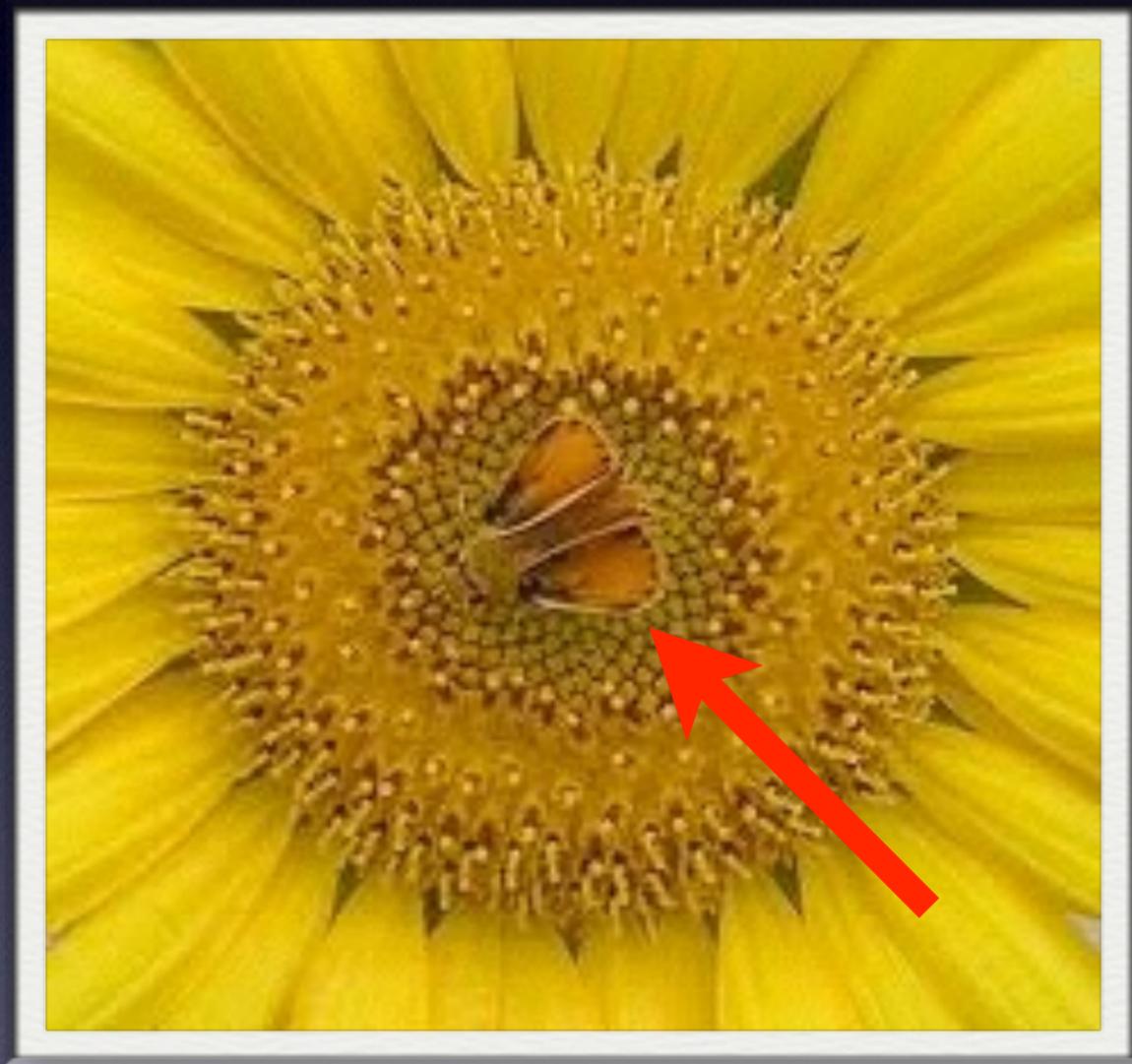
“I” didn’t do anything ...

“I” just ... what?

**Experienced it all unfold as
The Total Immersion Reader
of the story!**

So what's likely with “you”?

**Ultimate Freedom Is Right Here,
Right Now, Hiding In Plain View**



When the time comes in a story for something to change ...

It can change on its own or appear to change through a cause and effect story ...

The same thing will be true in “your” story

What “the ride” can
FEEL like ...

**Watch the following clip but
focus as much as possible on
the ...**

**Feelings and Sensations that
appear ...**



From "Contact"

Living In
Ultimate Freedom

From The Matrix - “Bullets”

Change, fix and improve desires and judgments CAN still appear ...

But if they do, it won't be happening to "you" ...

It'll be happening to a character in a great story ...

If Something Like This Appears ...

- **“X” thoughts appear in Inner Space ...**
- **“Hey Mind Machine, shut the fuck up, will you?”**

Or Something Like This Appears ...

“The Mind Machine is driving me fuckin’ nuts” ...

- **What's really happening?**

- Is it “you” suffering or telling The Mind Machine to shut up?

- Are “you” being driven crazy by The Mind Machine?

Nope ...

It's The Mind Machine arguing with itself, appearing to be you and another "personality" ...

Or multiple personalities arguing with each other ...



**When you See that
for the first time,
really See it ...**

**You'll get a major
chuckle out of it ...**

**All the personalities appearing in
Inner Space are ...**

**Unique collections of thoughts,
feelings, and sensations assembled
in unique and hypnotic ways ...**

**As The Truth Virus re-programs
The Mind Machine, they can ...**



**Or, it stays the same, but as
The Total Immersion Reader ...**

**It's a completely different
Experience ...**

It's not a rule or formula ...

- But for Robert, the constant asking “Why is this happening to me?”
- Or, “What am I supposed to do about this or learn from this?” ...
- Or “What does this mean?” ...
- Stopped appearing ...
- **The answers became irrelevant**

Repeated for emphasis ...

- With novels and movies, we're given some back story detail, but most of it is left out ...
- And that's fine with us ...
- With novels and movies, we only desire and deal with the details we're "spoon fed" by the authors
- And we generally don't seek more ...

**It's the same when
Ultimate Freedom
Awakens ...**

- Perceiving through The True Creative Essence Window ...
- “Reading” ...
- Allows total immersion in ...
- And deep intimacy with ...
- **ALL** appearances, no matter the content ...

- **Without being “negatively affected” by any of the appearances ...**
- That may be difficult to imagine or accept, but it's **The Truth**

If There's No Perceived "I", What Happens When ...

- Someone Criticizes Your Character?
- A Self-Critical Thought Is Noticed In Inner Space?
- A Thought Critical Of "Someone Else" is Noticed In Inner Space?
- Judgment Of Any Kind Is Noticed In Inner Space?
- **If No One "Takes Delivery" Of The Story ...**
- It'll No Longer Appear At All ...
- Or Appear And Quickly Disappear Without "Negative" Impact

What happens when The Truth Virus has completed its work on The Mind Machine?

Thoughts, feelings and sensations will zip in and out of Inner Space ...

People, places and things will appear, move and disappear in Story Space ...

**And everything is enjoyed
and welcomed**



Key Point:

**The Mind Machine Doesn't Go
Away In Phase 3 ...**



Key Point:

**Its Role Just
Changes Dramatically!**

What would an actor do if lines, feelings or scenes from a previous role came to mind?

Appreciate it for what it was, then let it go as irrelevant to “the present”

Same thing with your “past” when Ultimate Freedom fully Awakens ...

**Money In
Ultimate Freedom**

**The presence,
absence, fluctuation,
and flow of money ...**

**Will be designed to
support the unfolding
story ...**



**Whatever needs to be “funded”
will be funded ...**

Whenever ...

**And through whatever cause and
effect story TCE wrote ...**

Whenever the money supply needs to appear “tight” to support the unfolding story ...

It will appear tight, even in Phase 3 ...

Regardless of any Mind Machine opinion about it :) ...



**There are no guarantees
about specific content in
Ultimate Freedom ...**

**Remember the “acts” in a
great story ...**

Business In
Ultimate Freedom

Whatever happens ...

**Apparent ups, downs, successes,
failures, twists and turns ...**

**Will be designed to support
the unfolding story ...**

**Whatever needs to “happen”
will happen ...**

**Whenever and through whatever
apparent cause and effect story
TCE wrote ...**

**There are no guarantees
about specific content in
Ultimate Freedom ...**

**Remember the “acts” in a
great story ...**

Relationships In Ultimate Freedom

People and relationships only exist to support the unfolding story ...

Story characters only say and do what the author writes them to say and do to support the goals of the story ...

Nothing with story characters and relationships is accidental, unimportant, or “superficial” ...

Whatever happens ...

**Ups, downs, divorces, break ups,
new starts, twists and turns ...**

**Will happen to perfectly support
the unfolding story ...**

**Whatever needs to happen will
happen ...**

**Whenever and through whatever
apparent cause and effect story
TCE wrote ...**

**There are no guarantees
about specific content in
Ultimate Freedom ...**

Remember the roles of the various characters in a great story ...

There will likely always be characters who **appear to resist you, challenge you, or block your path ...**

In addition to the ones who support you, love you, help you, and nourish you ...

Emotions In
Ultimate Freedom

**When reading novels,
watching movies and
TV shows ...**

**There are times
when the author
intends you to
feel certain
emotions ...**



**As you've discovered, emotion
is key to stories, including The
Human Story, so ...**

That won't likely change ...

**Emotions are the “soundtrack”
to The Human Story ...**

**Like music is the soundtrack to
movies ...**



Avatar I



Avatar 2

What will change is your
Relationship to ...

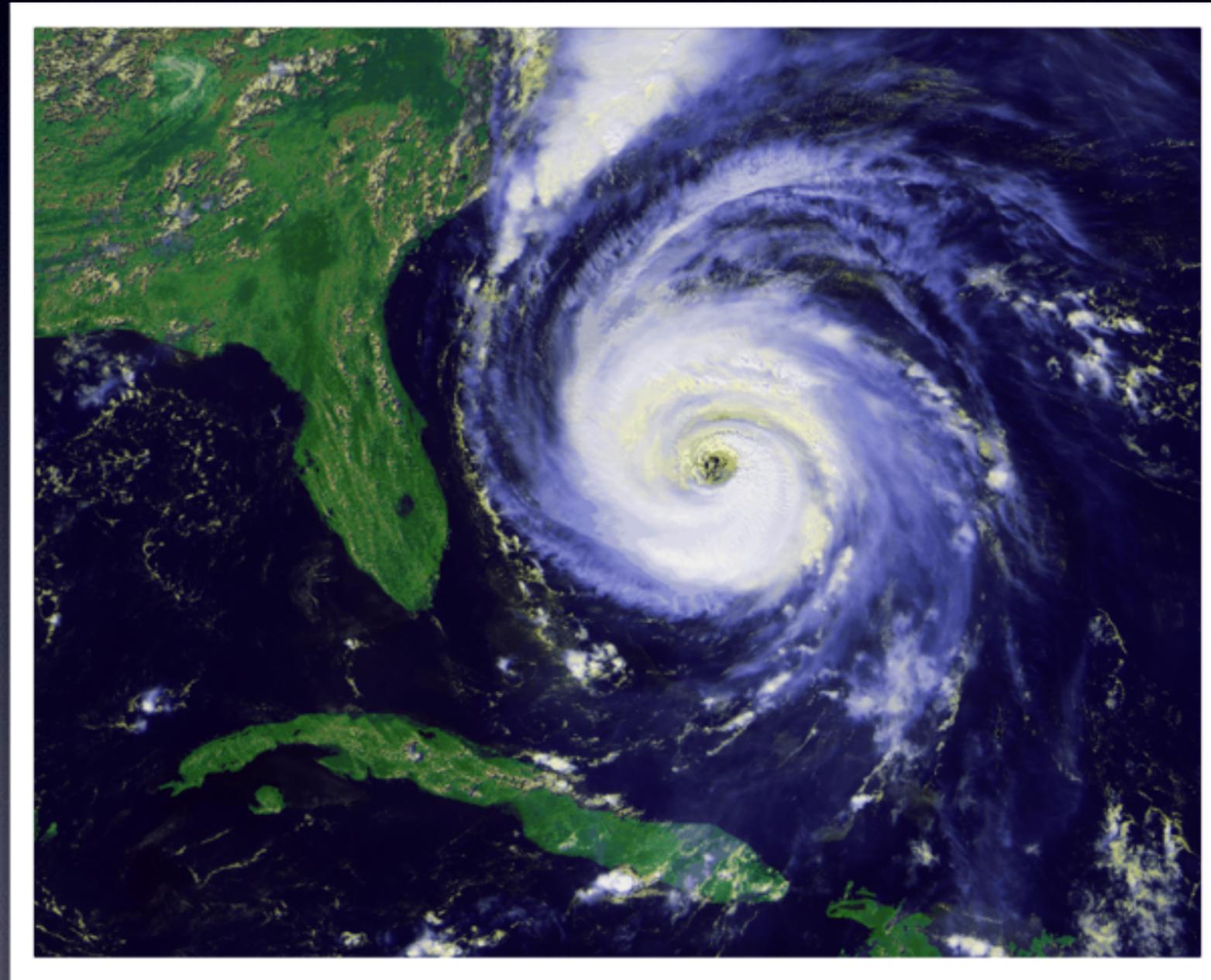
And your Perception of ...

Emotions

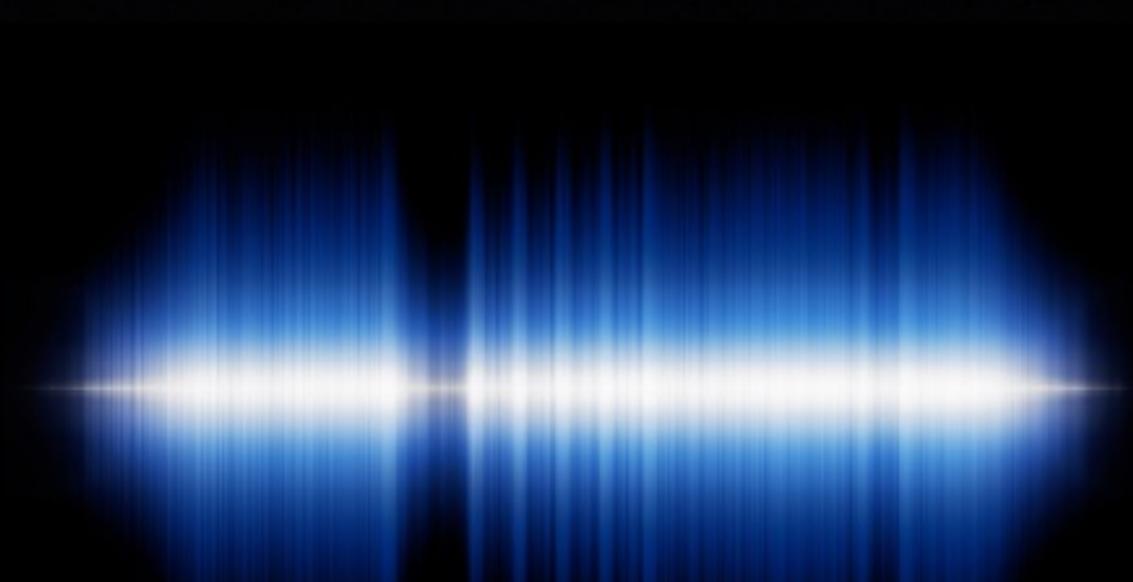


They can allow experience as they Truly are, without names, labels, judgments ...

Even during “emotional hurricanes”



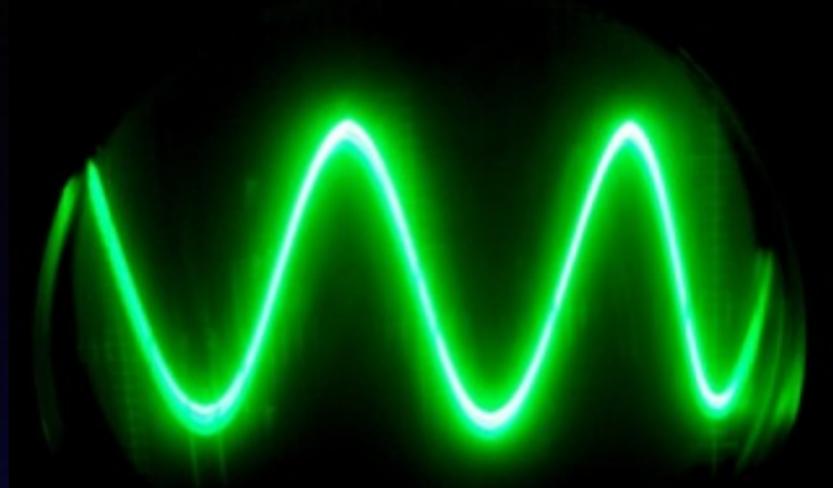
This ...



**I'm feeling sad and
that feels bad**



**I'm depressed and
that feels bad**



**I'm frustrated and
that feels lousy**



**I'm excited and
that feels good**

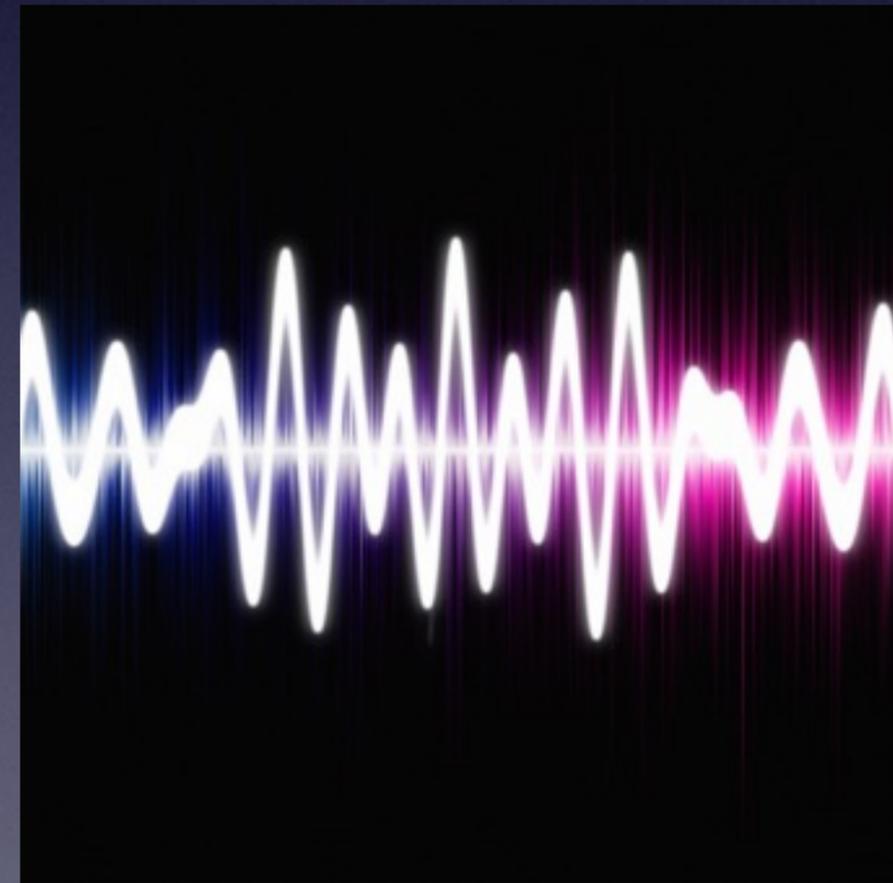
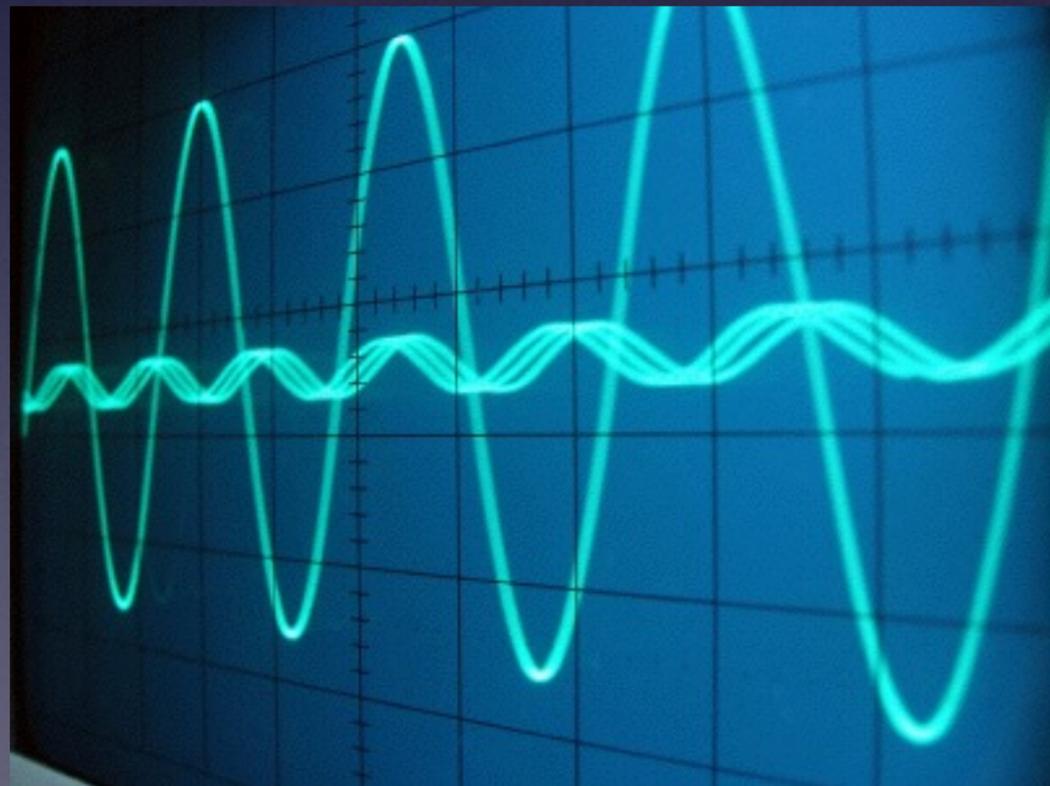
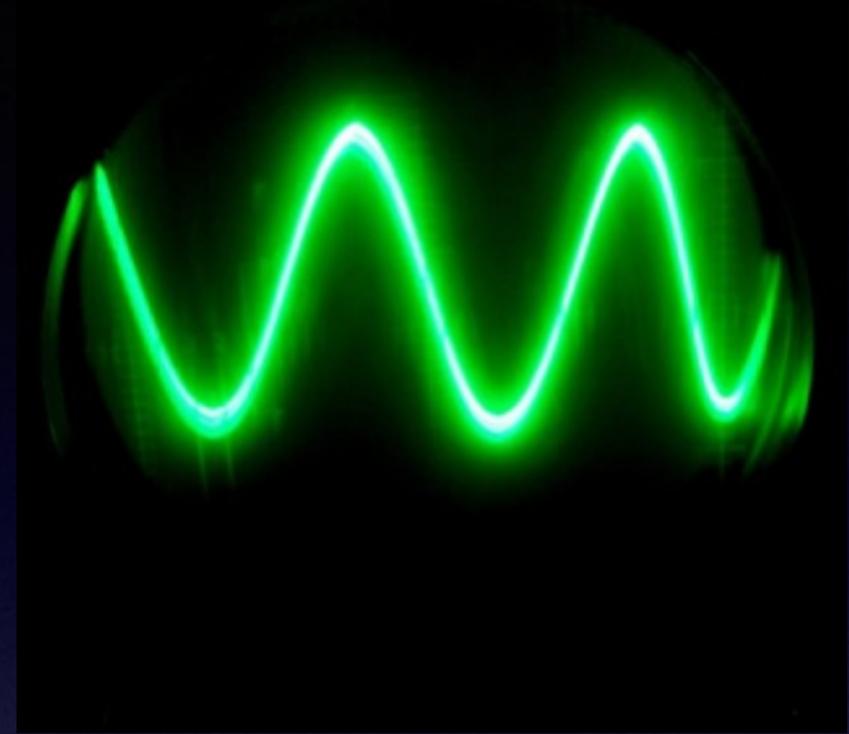
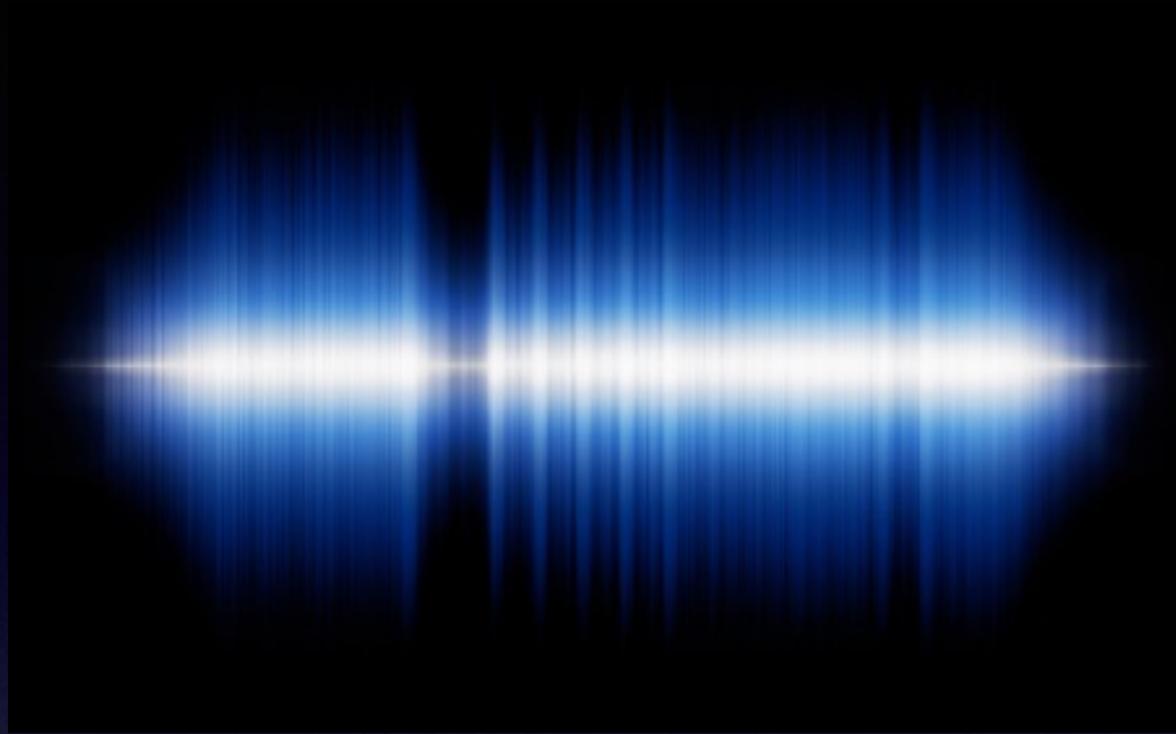


**I'm angry and
that feels bad**



**I'm happy and
that feels good**

Changes to this ...



All good!

**Name and judgment stories
get “unbound” from pure,
raw experience ...**

The stories get deleted ...

And they simply vanish ...

**I tell you this
from deep
personal
experience**



**Health And Wellness
In Ultimate Freedom**

- Your character may get sick a lot ...
- Or from time to time (I rarely get sick) ...
- Or experience other physical “challenges” or “symptoms” ...
- Your character may get very sick ...
- Your character may be “healthy” ...
- Most or all of the time ...

- Your character, and others, **WILL** die ...
- Who knows when ...
- **All of this happens in novels and movies ...**
- If it happens “there,” it will happen in Story Space
- No matter how The Mind Machine perceives it, are health and wellness body appearances are purposeful and beautiful and ...

**Exactly what True Creative
Essence ...**

Who You Really Are ...

**Wanted to explore and play
with ...**

- Any cause and effect story can be written
- Appearing to have power in the “cause”
- So there are no rules, formulas, musts or must nots, as it relates to ...
- Diet, exercise, therapy, supplements, seeing doctors, healing, etc.
- The story will unfold as it was written
- With “your” character doing or not doing whatever

**There are no guarantees
about specific content in
Ultimate Freedom ...**

**The only “guarantee” is that
whatever appears will be
Perceived like a story and it’ll ...**

**All be cool with “you” as the
Total Immersion Reader of it ...**

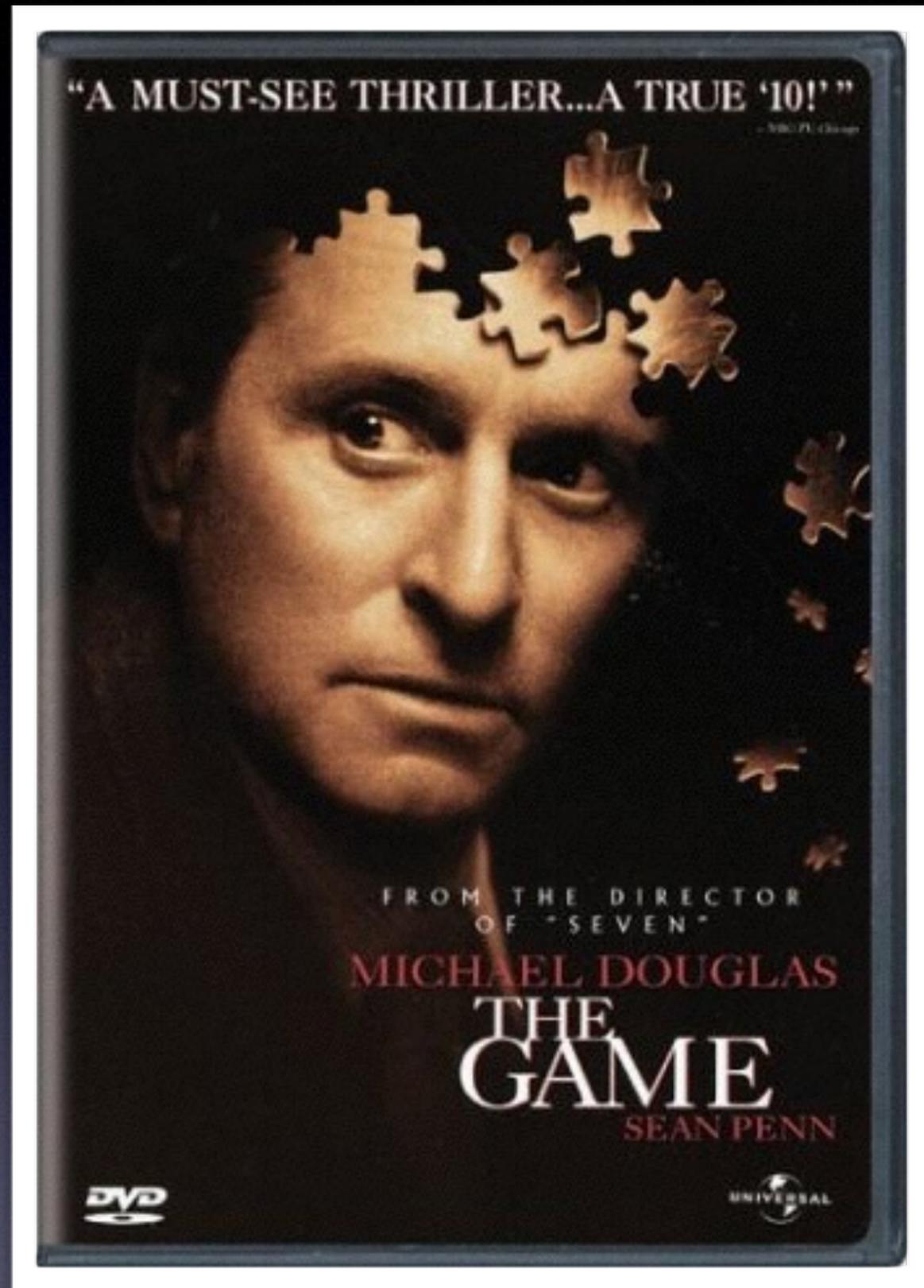
(bear with the language)

Spirituality In Ultimate Freedom

**To me, Ultimate Freedom is
what “spirituality” is really all
about!**



NUFF
SAID



Movie Matinee

Time: After the break

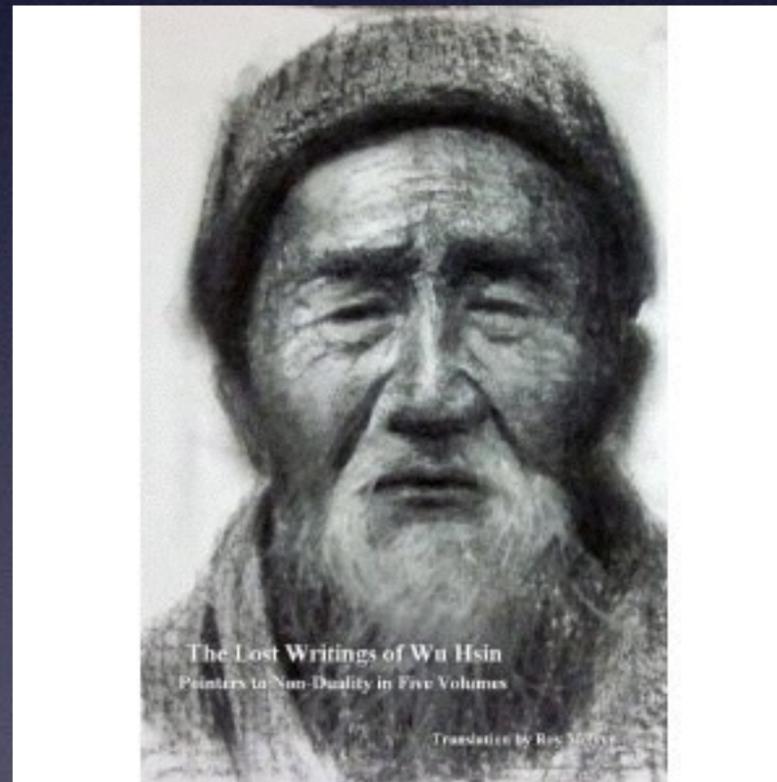
Place: Here

**Be prepared for a VERY
“intense” but “rewarding”
experience!**

“Take everything away until all that is left is you.

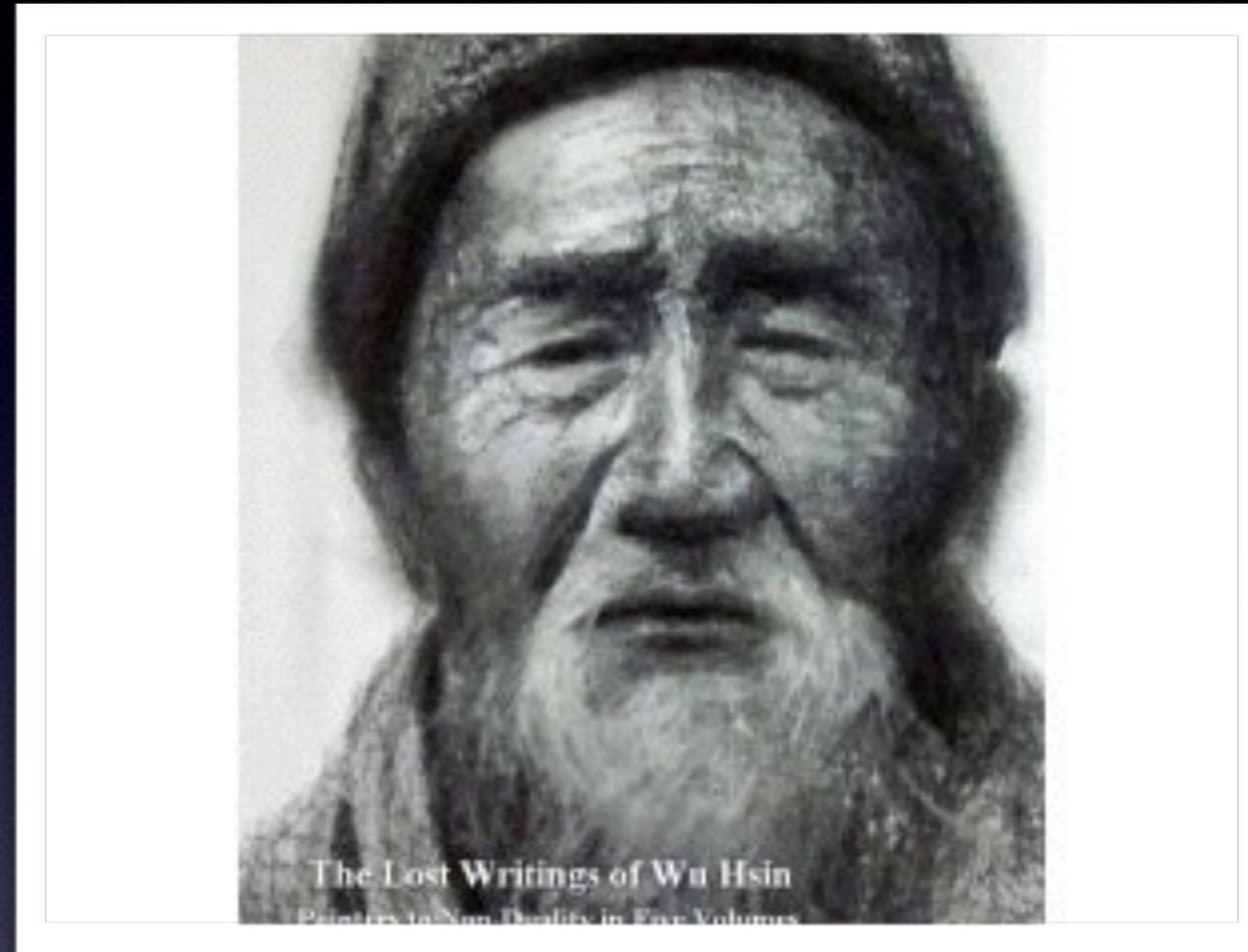
Then take you away and the abode of happiness reveals itself.”

- Wu Hsin



Quick Debrief Questions ...

- Was Nicholas “free”?
- Why did the brother buy the gift certificate to CRS?
- Why did all the CRS actors do what they did?
- Would he have changed or done anything if asked or gently nudged?
- Did anything “bad” actually happen to him?
- Was he always safe and taken care of?
- What did “happen” to him?
- **Hmmm ...**



Wu Hsin Exercise 2

“Finally,
in conclusion,
let me
say just
this.”

Peter Sellers

Focus On How This Clip Makes You FEEL

From The "Dance With Me" Movie +

**What it FEELS like as
Ultimate Freedom awakens ...**

**And the journey from identity
to Essence unfolds ...**



**What Ultimate Freedom
FEELS like ...**



Just A Few Of The “Benefits” Of Ultimate Freedom Awakening ...

- All of life truly does feel as easy, effortless and fun as turning the pages of a great novel ...
- Experience True Happiness all the time, no matter what's appearing ...
- No need to “learn” anymore (although it can still happen if fun) ...
- No need to worry about how to get anywhere or do anything ...
- Stress completely disappears without “you” worrying or trying to decide, plan, manage and control everything ... +

- **The character/hero doesn't go away when Ultimate Freedom awakens ...**
- **Although many appearances associated with it will ...**
- **Stories are always about heroes!**
- **Inner Space and Story Space appearances are woven together to allow specific stories to unfold ...**

- **And that doesn't change either!**
- **What does change is the Perspective on and Relationship to the hero and the appearances**
- **And, in many cases, the opening of new possibilities for what appears**

**Even though it can seem
like it at various points ...**

**“You” are never alone on
the journey into Ultimate
Freedom ...**

Why?

**Is Ultimate Freedom going
to Awaken in your story?**

If so, when?

If so, how?

**There's no way to know
in advance ...**

**Nor would you want to know
in advance ...**

**Except in a story told by The
Mind Machine**

**If it's part of your story,
it'll just happen ...**

However ...

Whenever ...

**On page ? of
the book of “your”
life**



Key Point

When Ultimate Freedom awakens, it awakens ...

In the middle of a “work in progress” +

**No matter what happens,
you appeared here for an
important reason ...**

The 4 “Stages Of Power” In The Human Story ...

Stage 1: I have no power

Stage 2: I have mainstream power

Stage 3: I have metaphysical power

Stage 4: “I” is a character in a story with no power

**But Who I Really Am has more True Power
than “I” can possibly imagine!**



**THIS IS VERY
IMPORTANT**



**THIS IS VERY
IMPORTANT**



**THIS IS VERY
IMPORTANT**

Ultimate Freedom is **not
a technique ...**

**It's The Truth about Who
You Really Are ...**

**Ultimate Freedom is The
Truth of what has always
been “happening” ...**

**The journey into Ultimate Freedom
doesn't need to feel “painful” or like
“torture” ...**

**Like what I described from my
story, or what you saw in the film
this afternoon ...**

Why?

**Because “painful,” “torture” and
“difficult” are stories ...**

**That can ... and do ... separate from
pure, raw experience**

**And also because they can be
Experienced ...**

As “The Total Immersion Reader” ...

**Which makes the Experience VERY
different ...**

**As you know from your own personal
experience reading novels ...**

**Despite that, until Ultimate Freedom
fully Awakens ...**

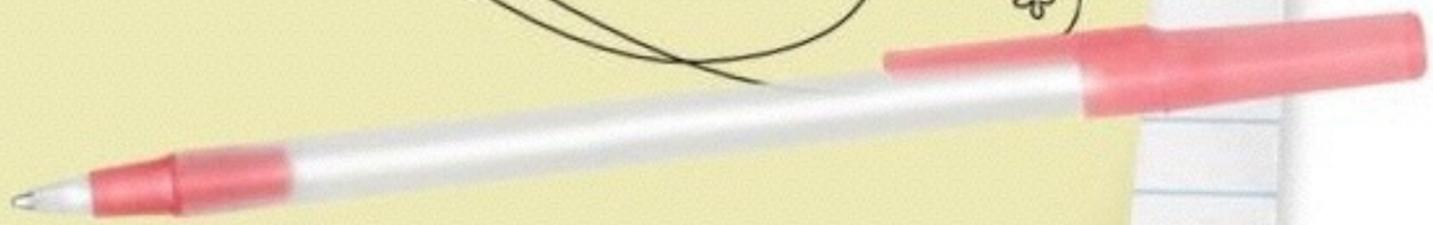
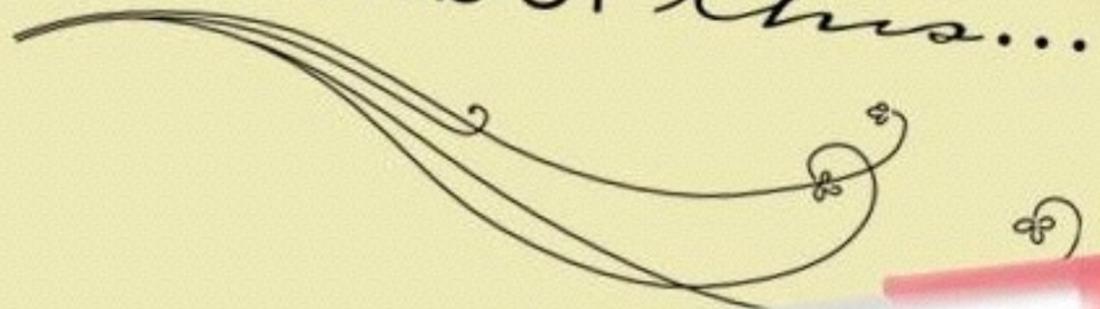
**The journey often seems “painful”
and “difficult” because ...**

For Ultimate Freedom to **fully
Awaken ...**

**It must be consistently Present with
its “Window” wide open, under even
the most challenging circumstances ...**

+

remember this...



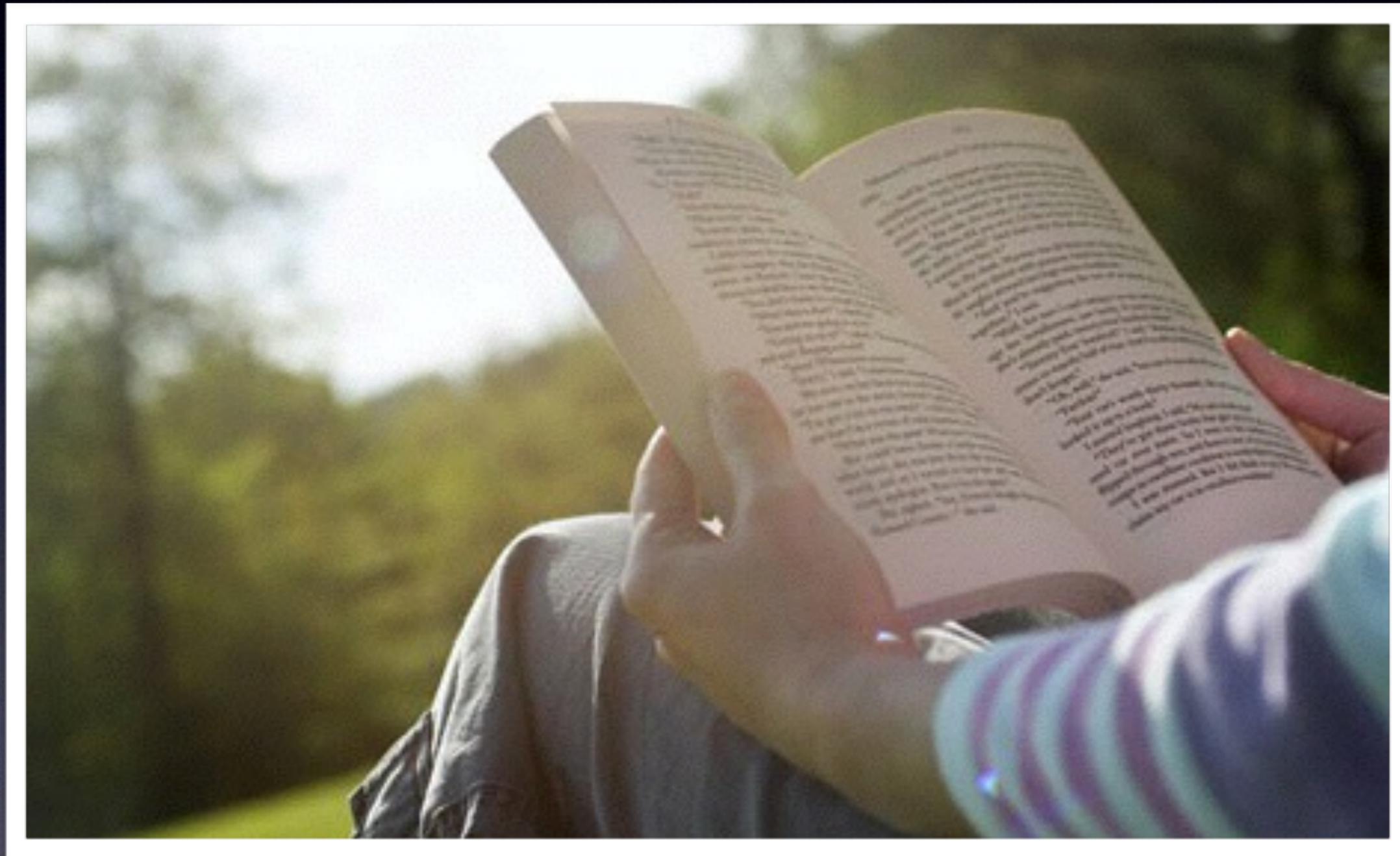
**INNER SPACE AND STORY SPACE
AREN'T REALLY SEPARATE ...**

IN TRUTH

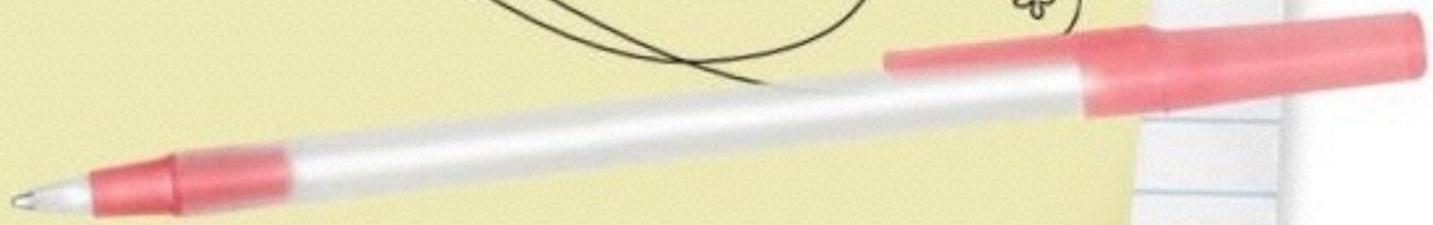
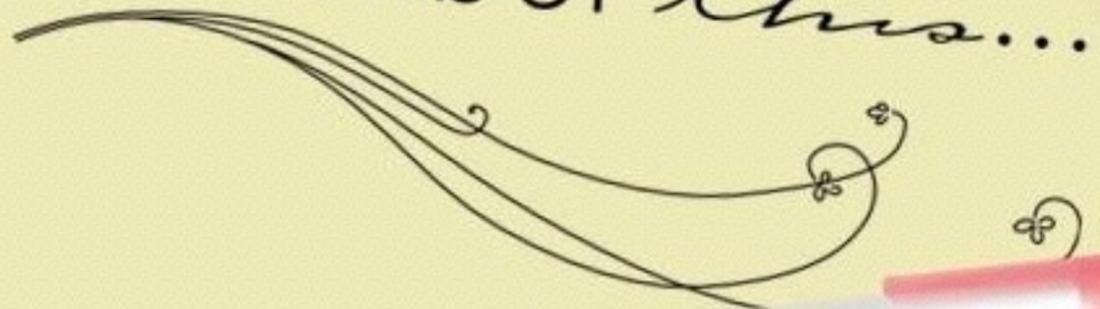
**One
Gigantic
“Space”**

**AND IN HOW
WE PERCEIVE
THEM**

Just Like When “You” Read ...



remember this...



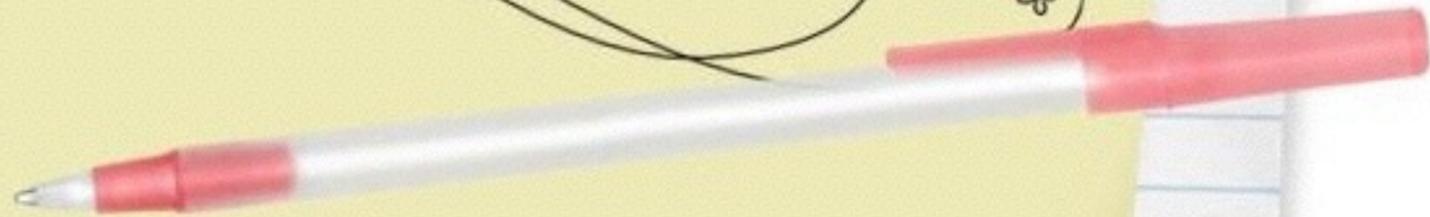
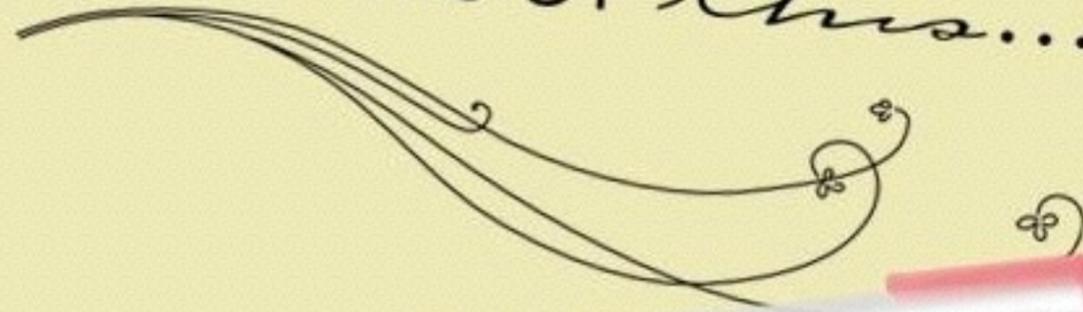


**Story details are
used differently ...**

On the journey **into
Ultimate Freedom ...**

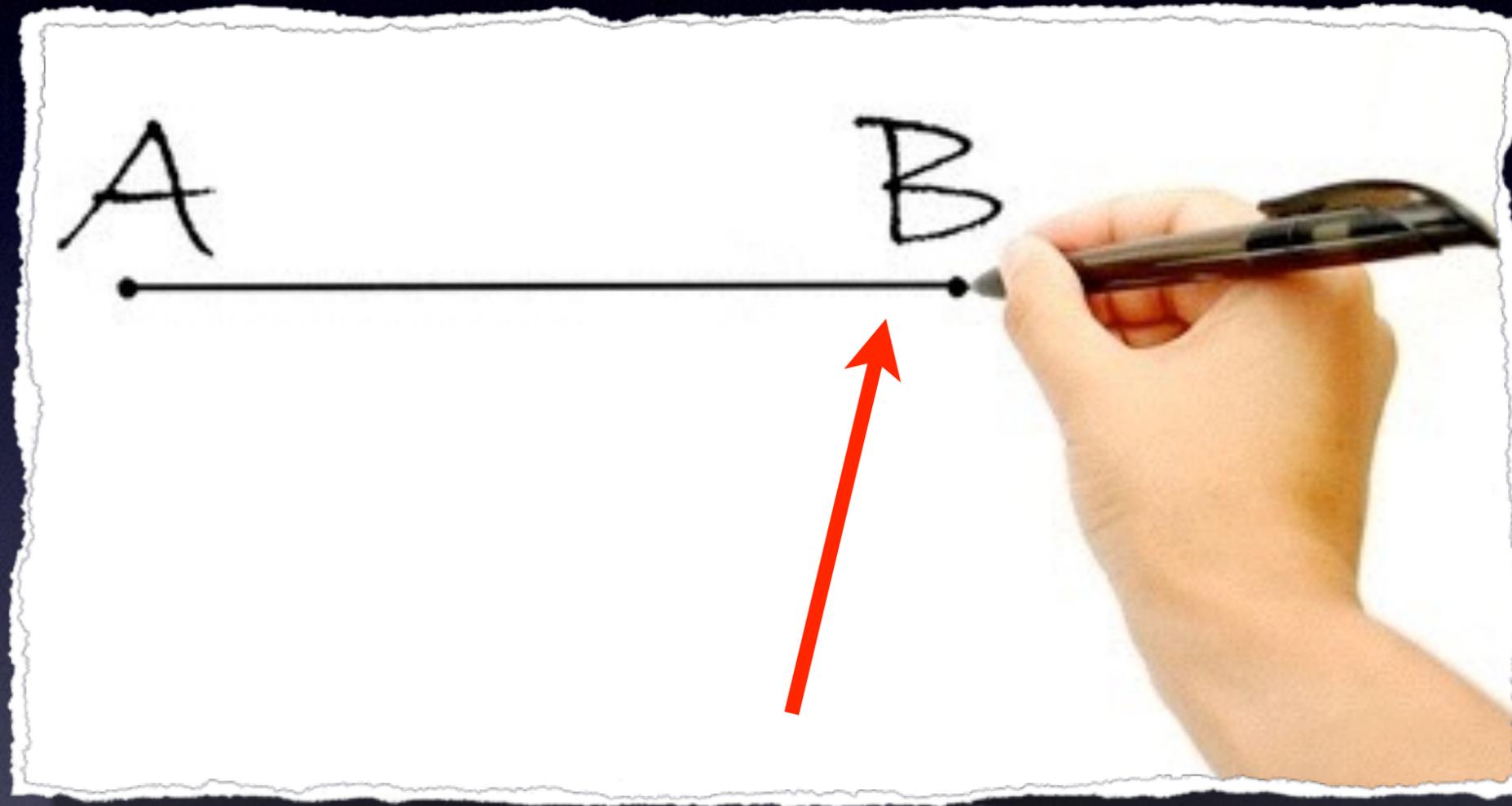
And when Living **in
Ultimate Freedom**

remember *this...*



**Where you
are now ...**

**The consistent
Experience of
Ultimate Freedom**



The journey will unfold as ...

◆ A Sense of Theft · Anansi & Turtle's Feast ◆

◆ the Moon · The Boatsman's Howling Daughter

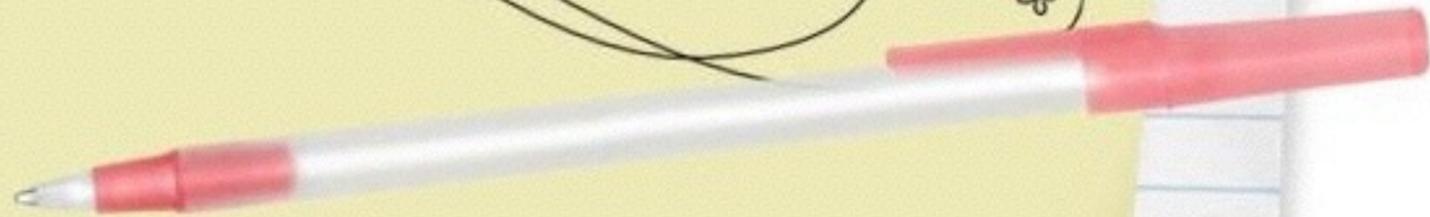
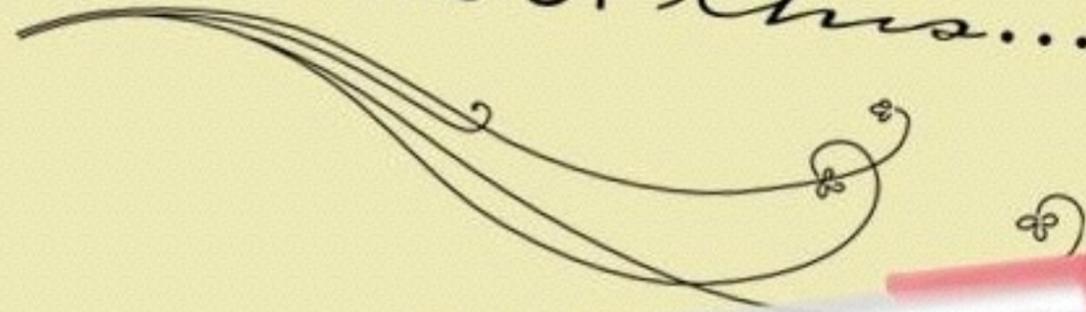
Tell me a Story

Timeless folktales
from around the world

◆ The Selkie Bride · Two Frogs from Japan

◆ The Clever Girl · Searching for Fear · Rabbit on

remember *this...*

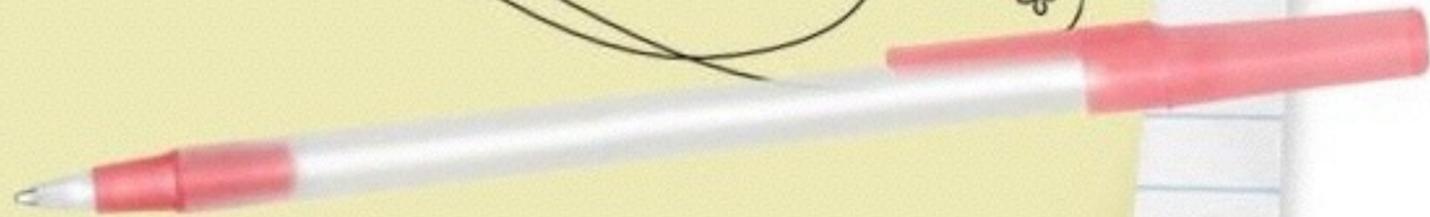
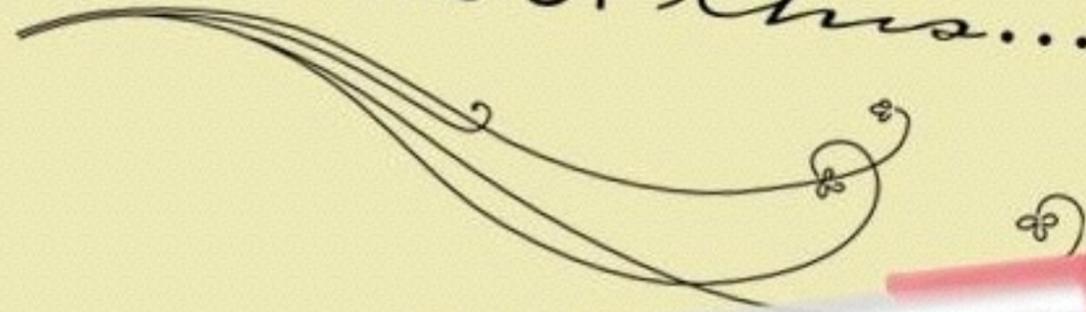


When Ultimate Freedom Awakens ...

There are always 4 options for content:

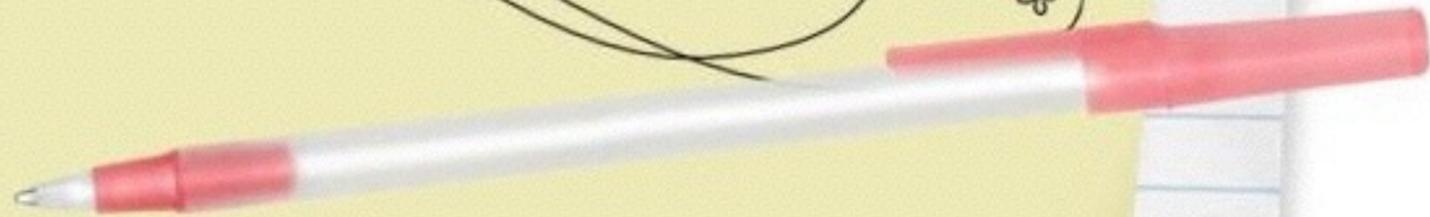
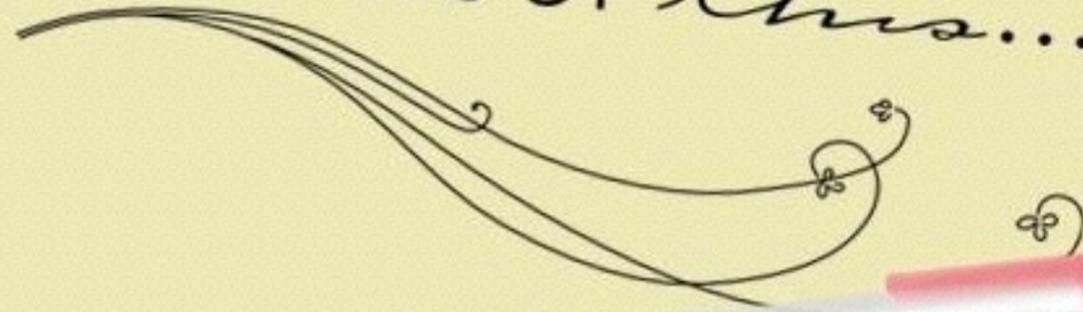
1. Old repetitive appearances can disappear ...
2. Old repetitive appearances can remain and be “Read” ...
3. Old repetitive appearances can change and be “Read” ...
4. New things can appear ...

remember *this...*



- Anything can happen ...
- At any time ...
- Consistently or in blips or cycles
- But that's not "how it is" or "the way life works"
- There's no power "outside" unless ...
- True Creative Essence puts it there ...
- **And TCE doesn't always do that in Phase 3**

remember *this...*



**Ultimate Freedom is
not about living **The
Mind Machine's**
perfect fantasy life ...**

**Or having everything
“you” would ask a
Magic Genie for ...**



**Ultimate Freedom is
not about **content** ...**

**Ultimate Freedom is about
how Inner Space And Story
Space content is ...**

Perceived and Experienced

Repeated for emphasis ...

**Ultimate Freedom is
not about **content** ...**

**Ultimate Freedom is about
how content is ...**

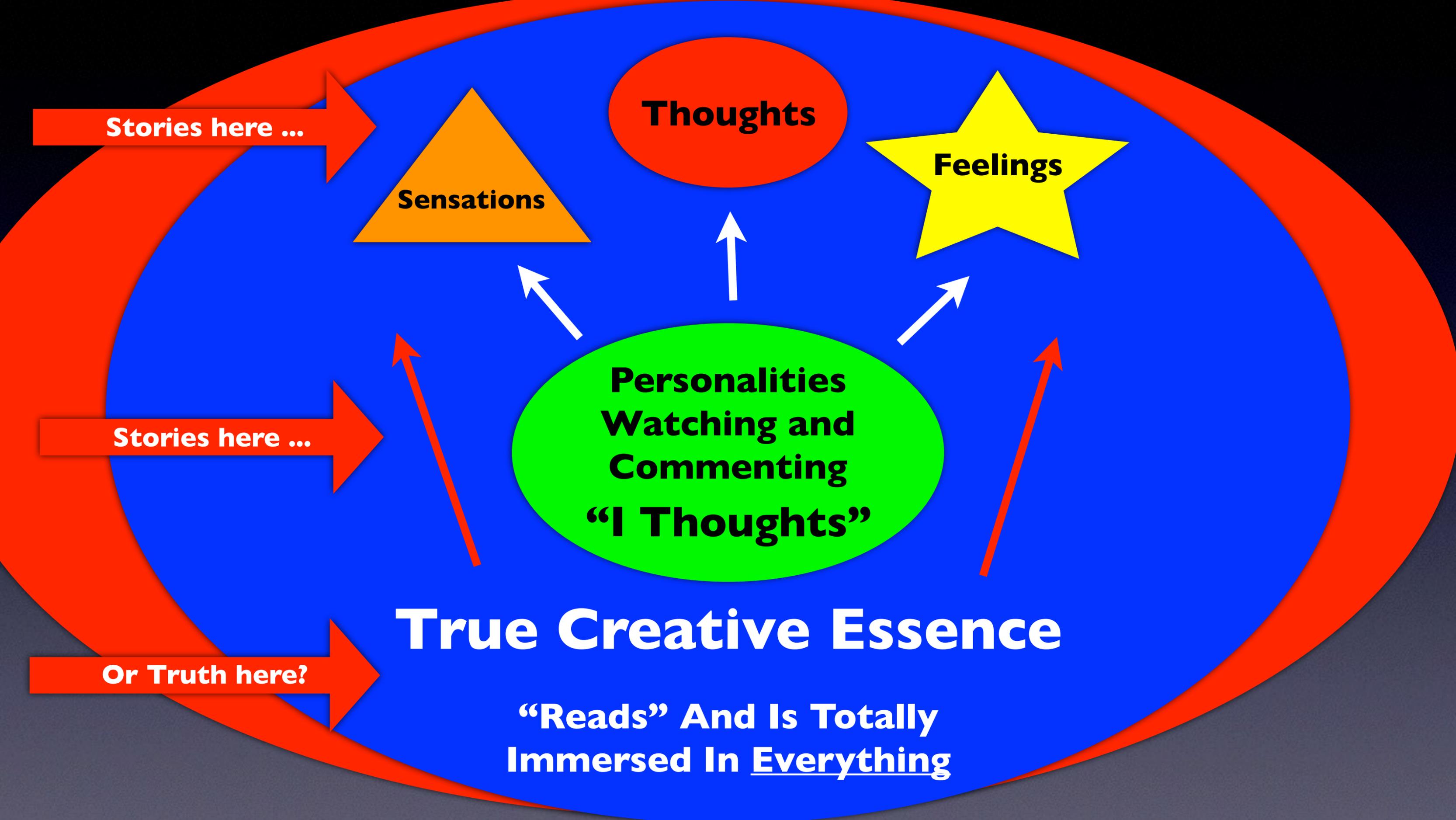
Perceived and Experienced

**Content In
Inner Space**

**Content In
Story Space**



How is it being Perceived?



Thoughts

Feelings

Sensations

**Personalities
Watching and
Commenting
“I Thoughts”**

True Creative Essence

**“Reads” And Is Totally
Immersed In Everything**

Stories here ...

Stories here ...

Or Truth here?

The net of it all ...

**Everything gets real
simple ...**

Life just happens ...

The story just unfolds ...

However it unfolds ...

**With whatever twists
and turns ...**

Like it always did!

Except now, in “your” story ...

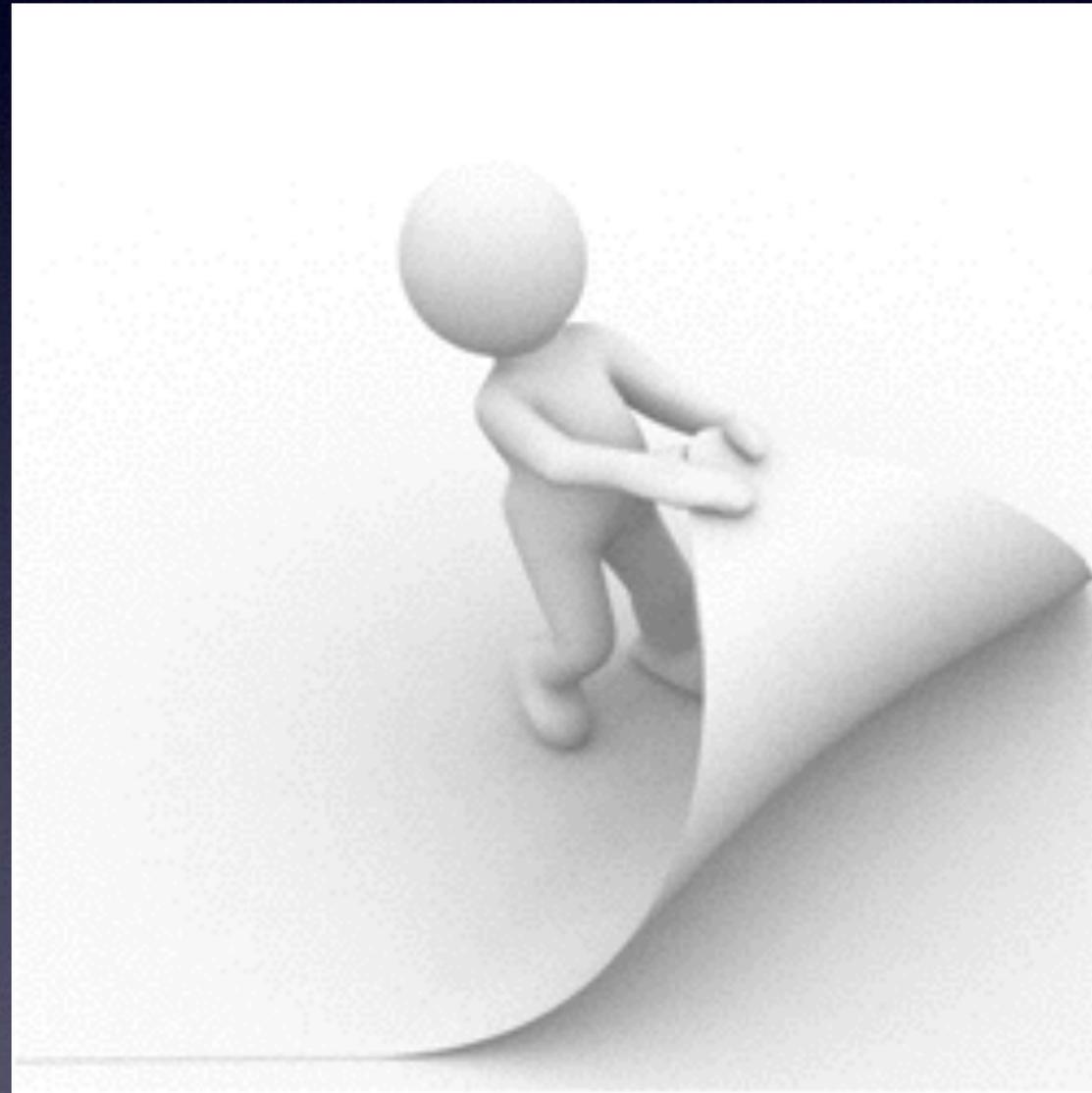
**Perceived and Experienced in a
radically different way !!!!!**

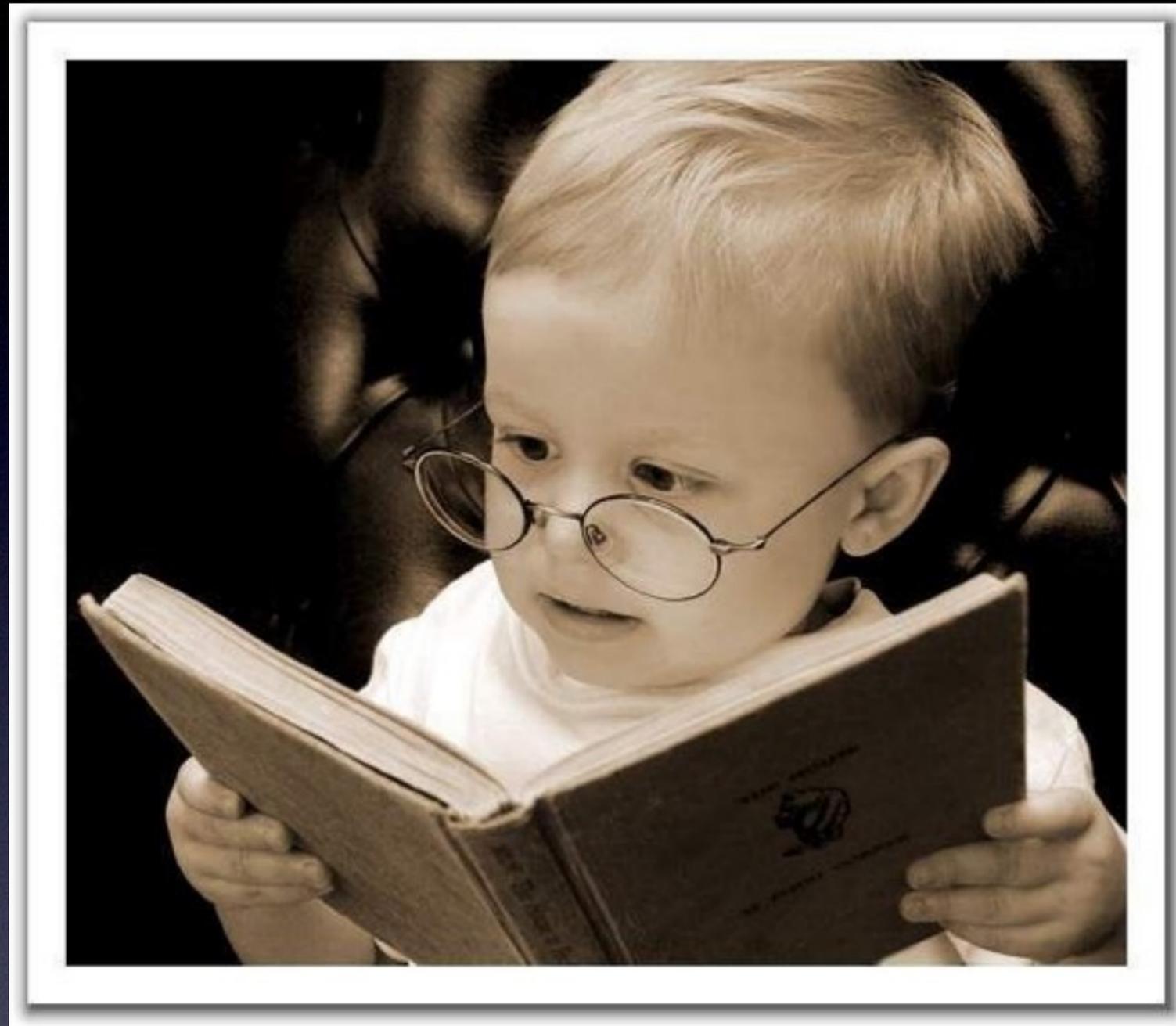
**Thoughts, feelings and sensations
will appear, disappear, and whizz
by in Inner Space ...**

In various ways ...

**Many things will appear,
disappear, change and move
in Story Space ...**

**True Creative Essence will
turn the pages ...**

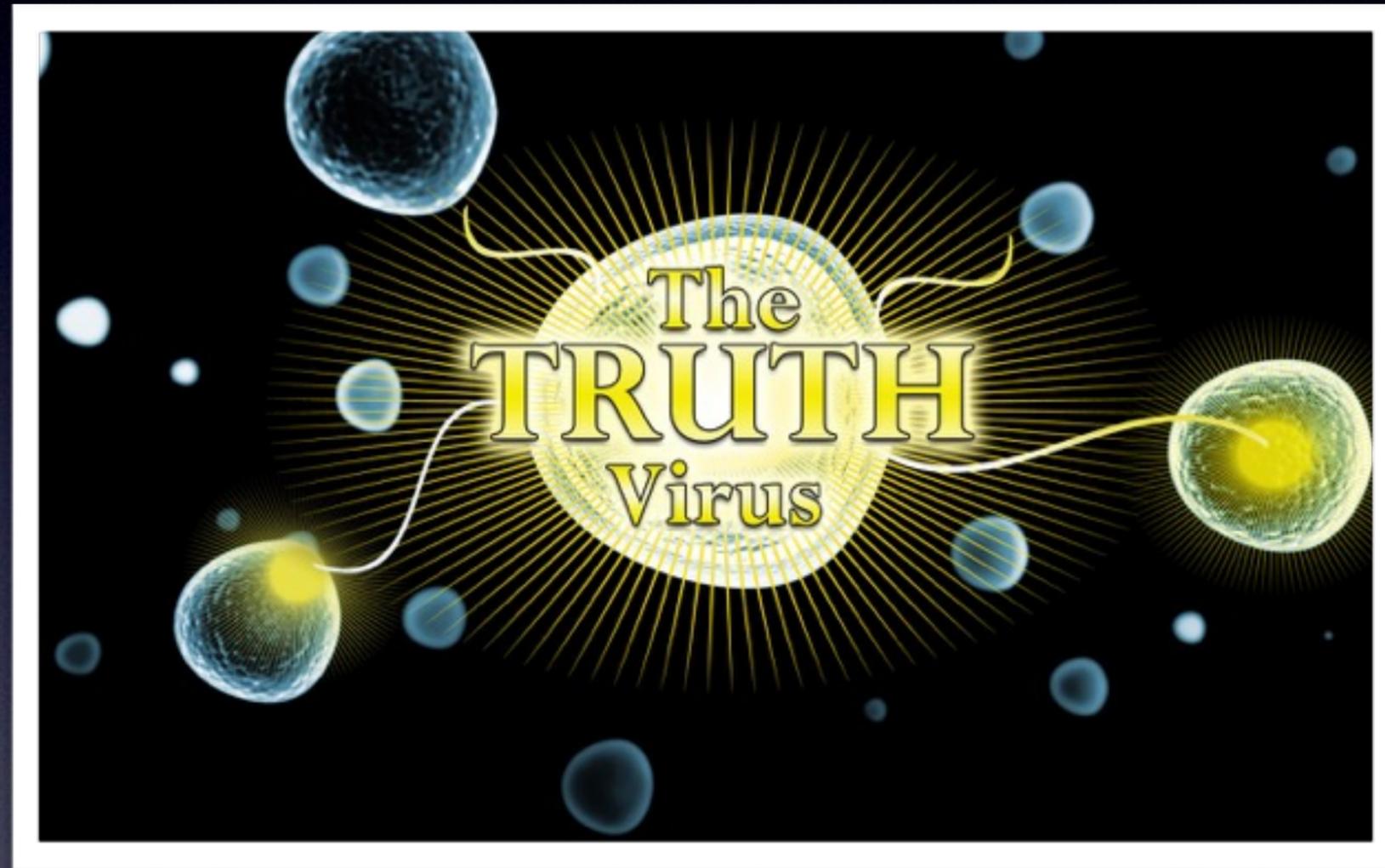




“You” will appear to read them ...

**While being fully immersed
in all the “action” ...**

A few more ...



Injections

**“When ‘my mind’ is no longer
‘mine,’ what difference does it
make what’s going on therein?”**

- Wu Hsin

**“There is no witness; there is
a presence of **Witnessing**”**

- Wu Hsin

“Mind is an ‘it’ ...

Body is an ‘it’ ...

You is an ‘it’ ...

To The Authentic Discerner”

- Wu Hsin

“Whereas the intellect has value in navigating the physical world, it is the wrong tool for discerning the Unseen.

One must surrender the delusion that one’s mind will provide deliverance.

The mind is like quicksand; the harder you struggle to come out of it, the deeper you sink”

- Wu Hsin

When it's all said and done, what really "happened" in the pages of the 7 Harry Potter books?

Nothing!

It was just a great story ...

**Filled with Inner Space and
Story Space appearances ...**

With “you” as the “reader”

**It's the exact same thing
for "your" story ...**

**“By George, I
think they’ve
got it!”**



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Did you discover a “Unified Field Theory” or “Theory Of Everything”?

Yep, to my bias ...

What you discovered here “explains” everything that appears ...

Is it a “theory”?

Nope ...

Why?

+



A Final Seed Plant ...

“The Human Story ...”

- Story elements are unfolding now ...
- That, at the story level ...
- Appear to have causes, links and contributing factors in the past ...
- And the past before that ...
- And the past before that ...

+

At the story level ...

Everything affects everything else ...

Everyone affects everyone else ...

Going back forever ...

Going forward forever ...

Going sideways infinitely ...

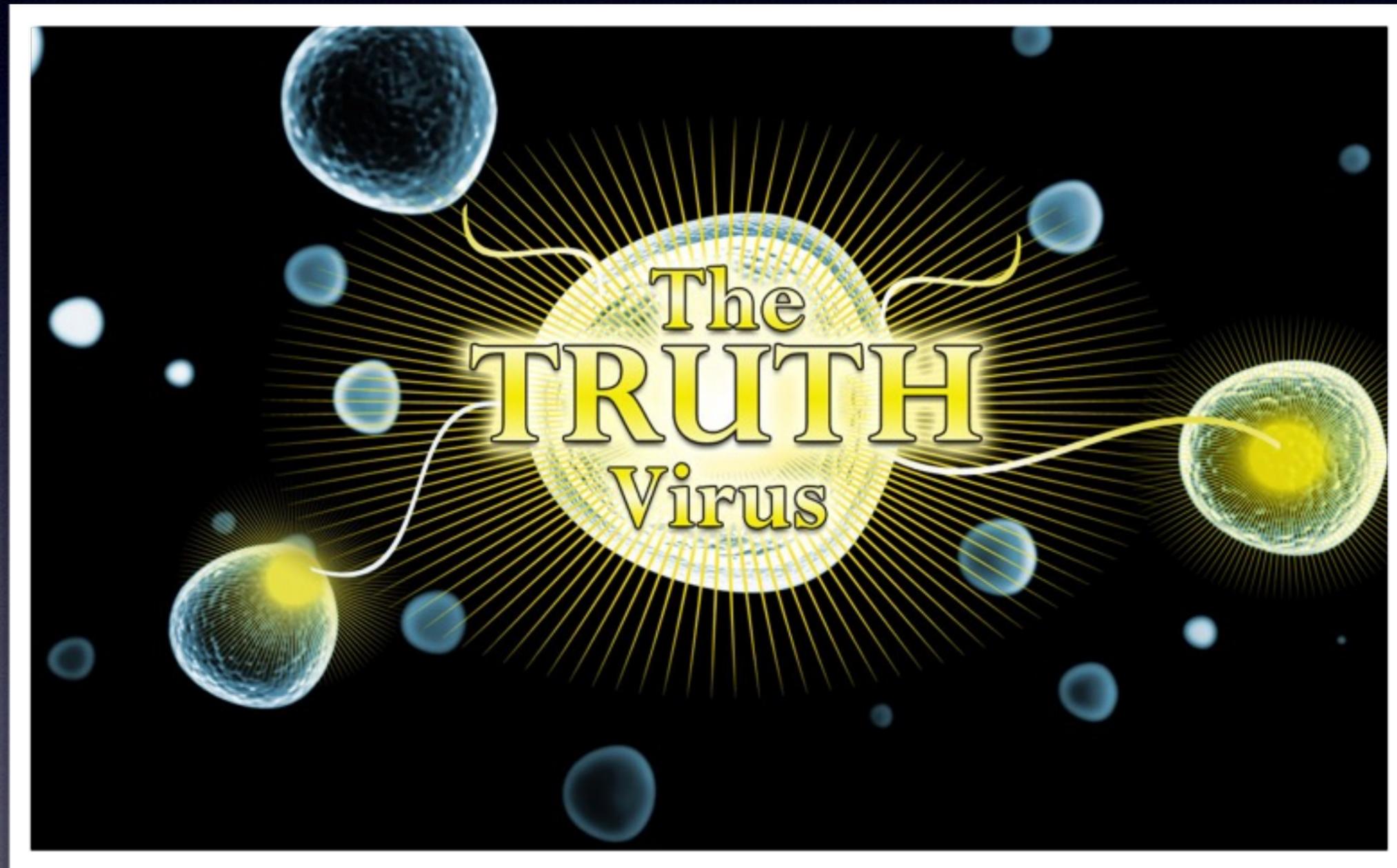
**It's one gigantic, infinitely
complex, infinitely dense,
extraordinary story ...**



There's an old saying in the theater ...

**"Don't be alarmed ladies
and gentlemen, it's all
part of the show"**

I promised to introduce and support the deployment of ...



**That's what everything that
appeared over the last 5 days
was all about ...**

**No matter how it may have
appeared ...**



- It doesn't matter if you understood or remember everything I shared ...
- It doesn't matter if you agreed with everything I shared
- It doesn't matter if you liked everything I shared
- It doesn't matter if you had "negative reactions" to what I shared ...

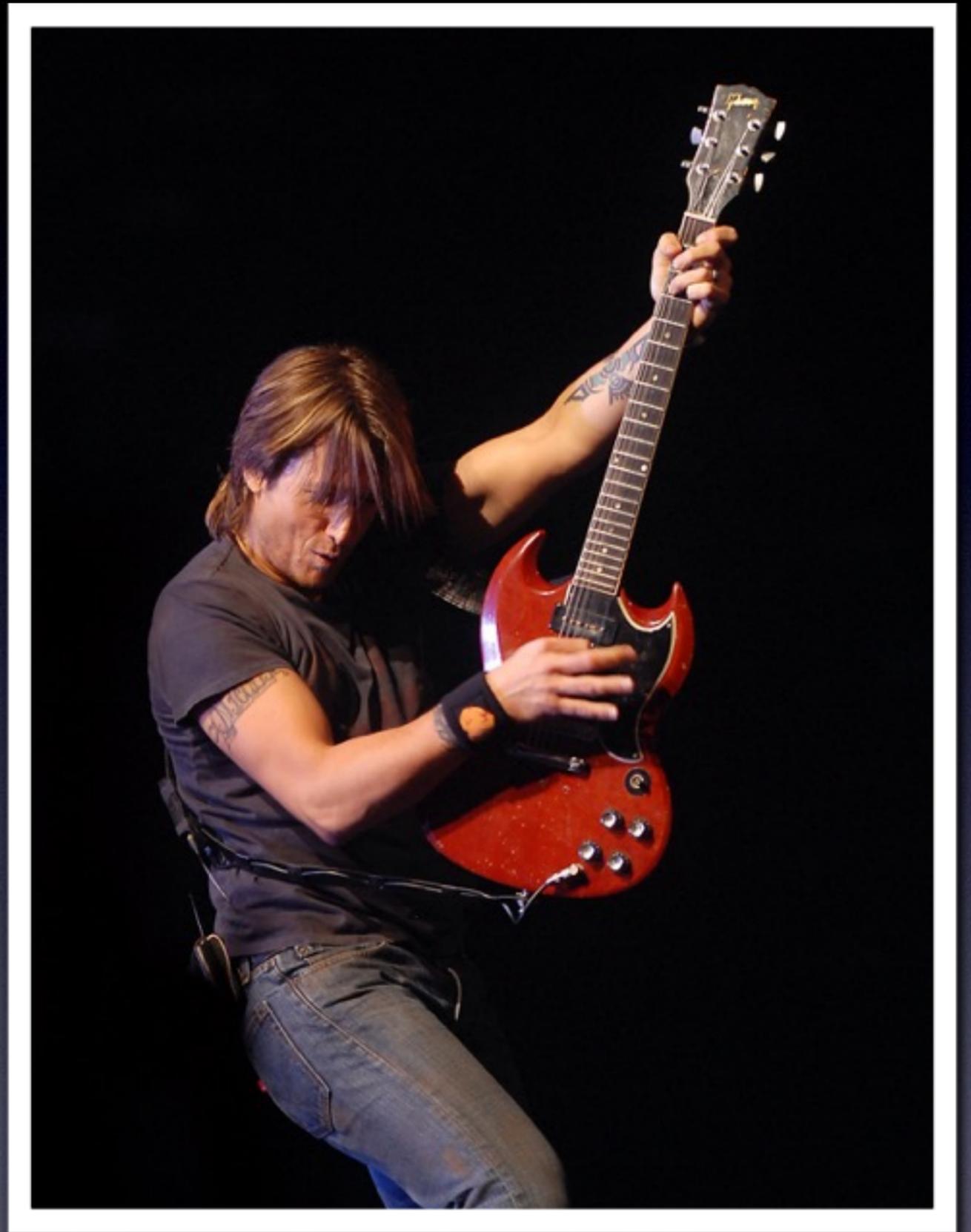


**The rest, of course,
is up to ...**

True Creative Essence



**I talked about
playing a guitar
at the start**



It was really more of symphony



**“I” may have appeared to be the
“Conductor” ...**

**True Creative Essence may have
written the music ...**

**But “you” were the musicians in
our story here!**



Thank You
for
Everything!

“I” have absolute certainty that the music and “your” playing will serve and support “your” story perfectly ...

Now and ongoing ...

**The previous 5 days were
brought to you by ...**





Final Closed Eye Support ...

